

Illuminate Group's last public workshops for this Financial Year.

Duration: 8.30am to 4.30pm

Venue: Illuminate Group's Training Centre, Suite 2, 434-436 Lord Street, Mt Lawley

Parking: Free parking available at the door

BEGINNING WITH YOU: Self awareness in a whole new light Friday 9th April

Forbes magazine reported that self-awareness has been cited as a key attribute to determine leadership success and organisational profitability. When there is a lack of self-awareness, we are unable to notice the impact of our own behaviour on others, which affects our ability to collaborate and drive the business forward. For this reason, we have created a course to explore how to attain a greater level of self-awareness and usable tools to transfer learning into business success.

EMOTIONS ARE DATA: Building personal resilience Friday 16th April

When we approach workplace situations with the notion that we can't influence them, our culture can often become toxic, or at best under-productive, with individuals deflecting responsibility rather than being part of the solution.

Participants will discover how the lens we look through colours and shapes our behaviour and hides powerful actions we could take. One component of the day is helping people to understand how their own perceptions are limiting their success. We also share tools to allow participants to change their view of situations and achieve greater personal results when relating to others and tasks at hand.

TAKE OUT THE GUESS WORK: Embracing Change Tuesday 20th April

Change is the only constant, with technological advancements, political and economic instability and environmental uncertainty, we have never had to adapt to so much change so rapidly. Change is often viewed as uncomfortable, unsettling and upsetting.

Participants attending this session will walk out feeling confident in leading people through change and learn tools and strategies to get their teams on board to initiate and keep the change momentum.

YOU'D BETTER BELIEVE IT! Mindset for success Wednesday 28th April

This course focuses on continuous improvement from an organisational and personal empowerment perspective. Participants will look introspectively at what is important to their lives and the balance of these aspects.

We unpack research about different mindsets and the benefits, as well as disadvantages of adopting a particular mindset and as equipping participants with practical tools to change their mindset.

FILTERS ARE NOT JUST FOR INSTAGRAM: Unconscious Bias Friday 14th May

Biased decision-making and a lack of diversity create a vicious cycle of stifled innovation and doing what we've always done. This session focuses on opening up the blind spot and learning about the various biases we have. It also explores tools and techniques to mitigate these biases. Applying tools and information helps businesses increase collaboration, encourage new ideas and boost the bottom line.

FAIL QUICKLY, SUCCEED FASTER: Innovation & Insight Wednesday 26th May

Bored of the brainstorm? Are unique ideas in your company drying up and are you worried about getting left behind? The 2017 World Economic forum cited problem solving, critical thinking and creativity as the top three most necessary skills required for people and businesses to succeed. In this course, we explore innovative idea generation tools, games and activities to encourage divergent thinking and an avalanche of novel ideas.

Participants will feel surprised and delighted by what they discover and will walk away with an exciting suite of modern tools and tips to implement a culture of innovation and creativity.

THE SOCIAL BRAIN: Managing Relationships Friday 18th June

A lack of collaboration negatively affects organisational performance. Harnessing skills to create a desire for people to work together will improve the profitability and output of any organisation. This module focuses on how to build empathy and a climate of psychological safety around you.

Participants will walk away with an understanding of, and ability to apply, techniques to increase cohesion, morale and motivation.

YOUR PERFORMANCE, THEIR PERFORMANCE: Motivation & Coaching Wednesday 30th June

Are you looking to motivate your team and improve performance quickly? The discipline of coaching gives Leaders and Coaches skills to empower people to elicit their own solutions rather than telling them what to do. Human beings are hardwired to seek autonomy, which is why this skill is so effective.

We explore the science behind what parts of the brain are engaged when we feel motivated and offer applicable tools to motivate our teams in the workplace. Participants will be practicing new techniques as well as giving and receiving peer feedback to improve the application of the skills acquired in the session.

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To reserve your place: admin@illuminategroup.com.au

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